



Sexual Brokenness

Hope and Healing

A Recap

1. **God created us as sexual beings – sex is a good thing that we should view as a gift**
2. **God's purpose for sex was two-fold: having children in marriage and for oneness in marriage**
3. **Righteous sex or sacred sex is guilt free, giving, and gracious**

**God's design for sex is only in
marriage: 1 man, 1 woman, 4 life**

*Heb 13:4 Marriage is honorable among all,
and the bed undefiled; but fornicators and
adulterers God will judge. (NKJV)*



Sacred Sex – not self centered

Husbands must connect with their wives emotionally if they expect them to be responsive physically

Wives need to show love to their husbands physically even when they don't feel like it

God's Standard is Purity

Eph 5:3 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. 4 Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. 5 For of this you can be sure: No immoral, impure or greedy person—such a man is an idolater—has any inheritance in the kingdom of Christ and of God. 6 Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. 7 Therefore do not be partners with them.

The message of the culture

- Happiness and fulfillment is found in sex
- Sexual freedom is your right, your reward
- Its all about you getting what you "need"

The promise of fulfillment coming from sex outside of marriage over promises and under delivers.

Why were we created?

Rev 21:3-4a

3 And I heard a loud voice from the throne saying, "Now the dwelling of God is with men, and he will live with them. They will be his people, and God himself will be with them and be their God. 4a He will wipe every tear from their eyes.

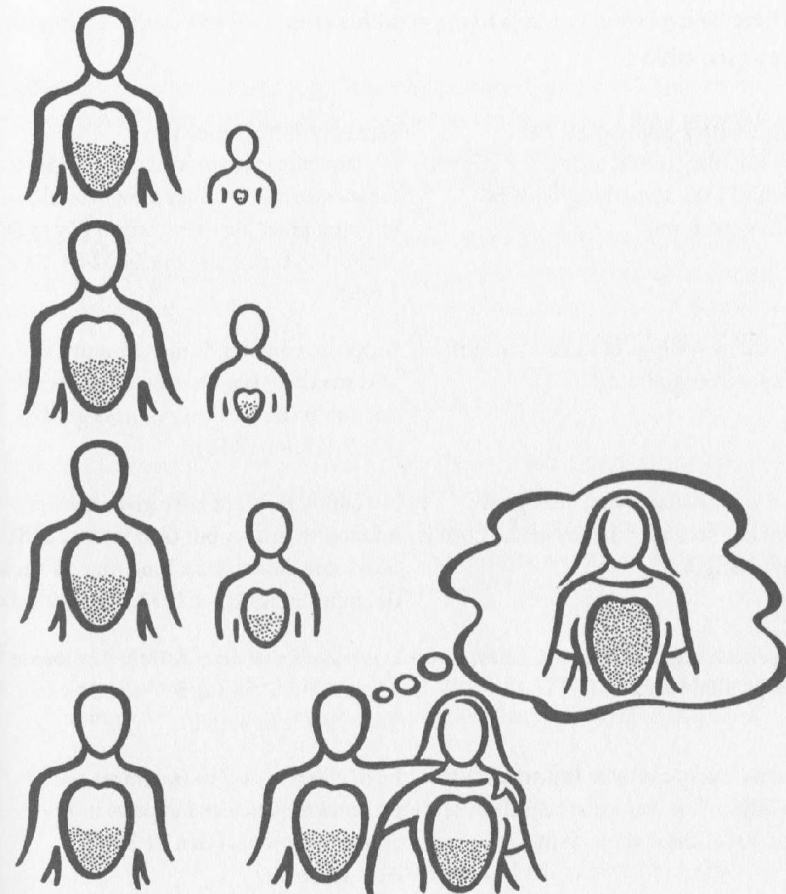
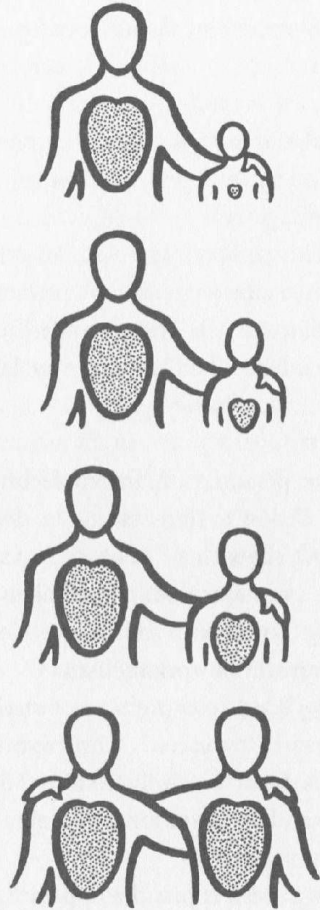
To connect with God and be His people

The Root of Sexual Sin is the heart

Jer 17:9 The heart is deceitful above all things and beyond cure. Who can understand it?



The role of parental nurturing



The "simple" solution

Connection to God

Connection with others

But why does it seem so hard to get there?



The sexual addiction cycle

A close-up photograph of a hand holding a large, clear, faceted diamond ring. The hand is positioned in the center of the frame, with the ring held between the fingers. The background is a textured, light-colored surface, possibly a wooden table or a similar material. The lighting is soft, highlighting the facets of the diamond and the skin of the hand.

1. We respond to the desire to escape reality through something sexual
2. These thoughts capture our attention and we begin the hunt
3. We make the connection – a magazine, a movie, a website, a person
4. We go through with the act
5. We feel the letdown and shame
6. We vow to never do it again
7. We start the cycle over – carrying fresh shame

God working in us!

Phil 2:12 Therefore, my dear friends,
as you have always obeyed-not only
in my presence, but now much more
in my absence-continue to work out
your salvation with fear and
trembling, 13 for it is God who works
in you to will and to act according to
his good purpose.

A new cycle begins with a new heart

Ezek 11:19 "I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh. 20 Then they will follow my decrees and be careful to keep my laws. They will be my people, and I will be their God. 21 But as for those whose hearts are devoted to their vile images and detestable idols, I will bring down on their own heads what they have done, declares the Sovereign LORD."

A photograph of a person lying on a blue tarp on a sandy beach. In the foreground, there is a large, diamond-shaped blue tarp. The text is overlaid on the image.

The healing process may need
to address the past

- Dealing with unforgiveness or bitterness
- Dealing with lies we believe because of something someone did to us
- But we don't want to try and fix our old ways, but learn to walk in new ways

The healing process

A person wearing a blue hoodie is lying on their back on a sandy beach. A blue beach umbrella is open next to them. The scene is bright and sunny, suggesting a peaceful outdoor setting.

1. Face the truth of your sin and it's destruction
2. Receive God's grace – grasp your brokenness
3. Put boundaries in place to guide the way
4. Learn God's truth about who He is and what His love is like
5. Learn to connect with God in true closeness
6. Develop open and honest same sex relationships with others

Jesus bore our shame

Heb 13:12 And so Jesus also suffered outside the city gate to make the people holy through his own blood.
13 Let us, then, go to him outside the camp, bearing the disgrace he bore.

